

**Checklist for Completion of Assignments  
for the Biblical Care and Discipleship Class  
to count toward ACBC certification**

**Please note:** to be involved in the formal counseling ministry of FBC, you will need to be ACBC certified. Formal counseling means cases assigned through The Grace Center, NOT on-going discipleship or casual conversations about life issues.

**Books** (You must read a total of 1,000 pages, with 300 or more from *Biblical Counseling & Theology texts*; the below must be part of your 1,000 pages of reading.)

- \_\_\_\_\_ *Instruments in the Redeemer's Hands* by Paul David Tripp
- \_\_\_\_\_ *A Theology of Biblical Counseling* by Heath Lambert.

**Observation**

- \_\_\_\_\_ I have observed 10 hours of counseling sessions (either by a certified counselor or by viewing the IBCD observation videos).

**Lectures**

- \_\_\_\_\_ I have attended class or listened to all 35 hours of basic training (not partial presentations but complete classes), as I have filled in the notes.

**Articles** (You will need to report that you have read these articles.)

- \_\_\_\_\_ "The Significance of Sin for the Psychologies" from *What Happened in the Garden* (Kregel)
- \_\_\_\_\_ "Caution (Warning): Counseling Systems Are Belief Systems" by Ernie Baker and Howard Eyrich from *Scripture and Counseling, God's Word for Life in the Broken World* (Zondervan)
- \_\_\_\_\_ "Living for the Cause" by Ernie Baker from *Biblical Counseling and the Church, God's Care through God's People* (Zondervan)
- \_\_\_\_\_ "Mental Illness and the Church" by Jeremy Pierre
- \_\_\_\_\_ The Association of Certified Biblical Counselors' Standard of Counseling (<https://biblicalcounseling.com/certification/standards-of-conduct/>)
- \_\_\_\_\_ Various other articles will be read during class or handed out for further reading

**Character:**

- \_\_\_\_\_ I have completed my self-counseling project and turned in the final 2-page report. (This is a 10-12 week mentored personal growth project and will be explained in class in more detail; the documents needed are included in the notes.) The project also includes:
  - \_\_\_\_\_ The "Drawing out the Purposes of the Heart" questions
  - \_\_\_\_\_ The "Plan for Change"
  - \_\_\_\_\_ Final report

Signed: \_\_\_\_\_

Date: \_\_\_\_\_

**Thank you for your hard work on behalf of your church family at FBC!  
Please join "Pathway to Certification" on the ACBC website ([biblicalcounseling.com](http://biblicalcounseling.com)).**