

**Checklist for Phase 1 of ACBC Certification Online
through The Grace Center for Biblical Counseling's
Biblical Care and Discipleship Class**

First Steps – These steps are required for pursuing ACBC certification!

_____ I have enrolled ACBC's "Certification Dashboard" on the ACBC website (<https://biblicalcounseling.com/>). Date enrolled _____

_____ I have enrolled in The Grace Center's Fundamentals training (also called Phase 1) for ACBC certification by emailing counselingministry@fbcjax.com my name, contact #, email, and church membership. Date enrolled _____

Teaching

_____ I have viewed or attended **all** 35 hours of basic training; completed in 20____;
(Note: ACBC certification deadline is 4 years from the start of basic training).

Observation

_____ I have observed 10 hours of counseling sessions (either by an approved certified counselor or by viewing the IBCD observation videos). *Remember to record your hours on the ACBC observation log on your Certification Dashboard.*

Reading

_____ I have read a total of 1,000 pages, with 300 or more from Biblical Counseling & Theology texts; my reading included the required reading:

_____ *Instruments in the Redeemer's Hands* by Paul David Tripp

_____ *A Theology of Biblical Counseling* by Heath Lambert.

Remember to record your reading on the ACBC reading log on your Certification Dashboard.

Additional Articles (not required but highly recommended)

_____ "The Significance of Sin for the Psychologies" from *What Happened in the Garden* (Kregel)

_____ "Caution (Warning): Counseling Systems Are Belief Systems" by Ernie Baker and Howard Eyrich from *Scripture and Counseling, God's Word for Life in the Broken World* (Zondervan)

_____ "Living for the Cause" by Ernie Baker from *Biblical Counseling and the Church, God's Care through God's People* (Zondervan)

_____ "Mental Illness and the Church" by Jeremy Pierre

Personal Growth Project (This is a 10-12 week, 3-part mentored personal growth project required by The Grace Center for certification through The Grace Center and is explained in the Session 1 video <https://www.fbcjax.com/acbcvideos>; **be sure to watch the video!**)

_____ Part 1 – I have completed and emailed my "Drawing out the Purposes of the Heart" questions to counselingministry@fbcjax.com. The document is included in the online notebook.

Date emailed _____

_____ Part 2 – I have completed and emailed my "Plan for Change" as instructed (you will receive directions when your "Heart" questions are returned to you). Date emailed _____

_____ Part 3 – I have completed and emailed my final 2-page report as instructed.

Date emailed _____

Thank you for your hard work!