

First Baptist Church – Middle School Fall Retreat

October 25-27, 2019

GENERAL INFORMATION

1. **The Luggage** will be loaded Friday, October 25th, starting at 6:00 p.m. on Ashley St.
2. **Check in** for ALL students will be the first floor, Preschool Building.
3. **ALL** medications must be given to the designated retreat medical staff at check in. (per state law)
4. Check-in will begin on October 25th, promptly at 6:00 PM.
5. Students will return to **First Baptist Church, Sunday, October 27 at 7:15 PM.**
6. The Address where we will be is as follows:

Lake Swan
647 FL-26,
Melrose, FL 32666

7. Should you need to call, the number is (352) 475-2828, or call 904-622-8432.
8. If parents are to be out of town during the week of the retreat, the Youth Pastor must know whom to contact in case of emergency. **The Permission and Medical Release Form must be completed and returned to the church by October 25th.** Parent's name, address, and telephone number should be given to the Youth Pastor.
9. **Each student must bring:**
Bible, Journal, pen, pool towel, bathing towel, toiletries (soap/shampoo), pillow, twin sheets/sleeping bag, **tennis shoes**, flashlight, sunscreen, **insect repellent**, water bottle, and money for the snack shop (optional). Students should bring no more than \$10 for snacks. Students are also welcome to bring snacks from home.

Do NOT bring: radio, television, electronic games, spinners, energy drinks, iPods, no ear buds/headphones and/or magazines. These and any other items not deemed appropriate by the Youth Pastor will be confiscated and returned to the students' parents at the end of the retreat. **Knives, guns, matches, alcohol in any form, fireworks, drugs, cigarette lighters, and/or tobacco in any form** will be confiscated and the student will be sent home from the retreat. Parents will be required to come for the student as soon as possible.

10. **DRESS:** 1 Cor. 10:31 says, "*Whether, then, you eat or you drink or whatever you do, do all for the glory of God.*" This includes how we dress for the retreat. Our goal is for every student to dress in a **fashionably modest** way. To ensure this we ask that you follow this dress code. If you are not sure about something then ask your counselor.

Play Clothes modest length shorts, no sleeveless or strapless

FOR Swimming Girls modest one piece or tankini swimsuits
Shirt required for boating and canoes
Shirt suggested for all other water activities

FIRST BAPTIST CHURCH OF JACKSONVILLE OPPORTUNITIES FOR GOOD BEHAVIOR

Christian behavior is most effective when carried out on a voluntary basis. Rules and regulations then become guideposts to be observed by all students. Prior to leaving for the retreat, each student should understand and agree to this philosophy. Parents must understand the rules of the retreat and realize that the Youth Pastor is committed to see that all rules are observed. Parents must also understand that our retreat is designed to deepen the spiritual life of students. Students that cannot go by our general rules or by their behavior become a hindrance to the overall goals of the retreat will be sent home. We will expect parents to come to Lake Swan and pick up their young person at their own expense under these circumstances. We fully expect God to do great things in each student at the retreat and these opportunities for good behavior will facilitate that.

1. All retreat sessions and functions are to be attended.
2. The following items are not permitted (if found, they are to be brought to the Youth Pastor immediately): radios, televisions, electronic games, ear buds/headphones, knives, guns, paintball guns, air soft guns, matches, alcohol in any form, fireworks, magazines, drugs, cigarette lighters, and tobacco in any form. These and any other items not deemed appropriate by the Youth Pastor will be confiscated and returned to the camper's parents at the end of camp.
3. Cell phones will only be allowed to be used during designated times (only to call home) and must be turned in during lessons, chapels, services and after lights out. We encourage all students to leave their cell phones at home and are not responsible for lost or damaged cell phones. Please bring a paper Bible.
4. "Lights out" means just that. Leaving a cabin between "lights out" and "wake up" will result in the student being sent home from the retreat. Parents will be requested to come for the student as soon as possible.
5. Discipline will be maintained and infractions dealt with between the Student, the Counselor, and the Youth Pastor. If the situation warrants such action, the camper will be sent home from the retreat and parents required to come for the student as soon as possible.
6. Girls' areas are off limits to boys. Boys' areas are off limits to girls.
7. The lifeguard is in complete charge of the swimming area. The lifeguard can beach any student or Adult for safety or health reasons.
8. Because of the possibility of bodily or property damage, shaving cream fights, water fights, pillow fights, or rough-housing are not permitted. Any student deliberately causing physical harm to another student or deliberately damaging another student's property will be sent home.
9. Students will not leave the retreat area, as defined on the layout map, anytime during the week.
10. Students will choose a bed and will occupy that bed for the entire weekend unless reassigned by the Adult.
11. ALL medication must be given to the Retreat Medical Staff upon check-in and must be administered by the Retreat Medical Staff ONLY.

*Please make sure your student understands these opportunities completely
and will follow them thoroughly during retreat weekend.*

Middle School Retreat

What to Bring Check List

- 2 sets of Modest Causal clothes
- 2 sets of play clothes
- All Medications (must be in original bottles please)
- Belt
- Bible (paper copy)
- Bug spray
- Camera (optional)
- Deodorant
- Flashlight
- Flip flops/shower sandals
- Hair brush/comb
- Pajamas
- Pen
- Pillow/blanket
- Quiet time book
- Shampoo
- Snack Shack Money (singles or quarters please)
- Sneakers (comfortable play shoes)
- Soap
- Socks
- Sunscreen
- Swimsuit
- Toothbrush & Toothpaste
- Towels (Bath & Pool)
- Twin Sheets or Sleeping bag
- Underwear
- Wide mouthed water bottle